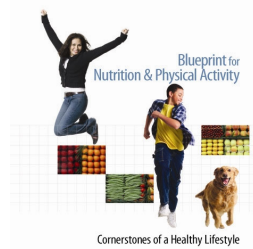


Handout for
Monday lunch
round table
discussions

2009 **BLUEPRINT SEED GRANT RECIPIENTS**



Arizona: Photography and Focus Groups with Youth

The Arizona Department of Health Services is using its *Blueprint for Nutrition and Physical Activity: Cornerstones of a Healthy Lifestyle* Seed Grant to build on community efforts to decrease obesity in South Phoenix. We are using Photovoice methodology, a combination of photography and focus groups, to capture the youth perspective on health, body image, and the food and physical activity environments in their communities. The project will focus on the three Cornerstones of Access to Healthy Food and Physical Activity, Collaboration and Partnership Development, and Communications. We are also using the *Blueprint* to integrate Department of Health Services programs to combat obesity. We have posted the *Blueprint* on the Department's website, and we will be sharing the document with professional and community organizations throughout the year.

Florida: Education – Training Workshops and Reference Tools

The Florida Department of Health is using the *Blueprint* as an impetus to provide consumers, communities, organizations, programs, and agencies with tools and resources to implement strategies that address priority nutrition and physical activity issues in Florida. Our two-phase approach starts with a series of training and education sessions to kick-start the process and then progresses to a collaborative learning environment format that allows communities to share and learn ways to implement *Blueprint* strategies. We are working to ensure the *Blueprint*'s staying power in Florida with the development and production of five separate quick reference tools, each one summarizing a different intervention setting: schools, worksites, health care facilities, faith-based organizations, and the overall community.

Kentucky: Promoting Long-term Collaborations

Kentucky chose to focus on the *Blueprint* Cornerstone 2, Collaboration. We are working to enhance existing relationships and support long-term collaboration in our state. Our activities include conducting a partner survey and written progress report on the Kentucky State Action Plan and Partnership for a Fit Kentucky. We will distribute the progress report and *Blueprint* together.

Ohio: Implementing Healthy Foods Curriculum in Fourth Grade Classrooms

The Ohio Department of Health is focusing on the Cornerstones of Access and Collaboration. We presented the *Blueprint* in the Physical Best Gets FITT workshop for elementary and high school physical education teachers in May, and we will be presenting the *Blueprint* during CATCH trainings throughout the state. We are working with the Ohio Department of Education to address the issue of access to healthy foods. We are developing a gardening curriculum, Veggie U, that our schools will implement in four to six fourth grade classrooms in areas of the state that have limited access to healthy foods options. We are exploring developing new partnerships with members of the Healthy Ohio Business Council.

Oregon: Training for Child Care and Public Health Professionals

In Oregon, we have developed a training session, both live and web-based, on nutrition and physical activity. The training targets child care health consultants, child care providers, early childhood educators, and public health professionals. The project requires collaboration with multiple agencies and stakeholders as the child care system is very broad.