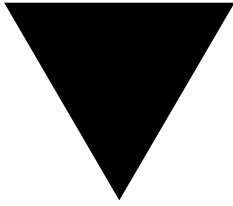


Attitudes
and Activities

Implementation: Attitudes and Activities

Attitude: Non-traditional interventions should be considered.

Possible Group Activities:

Small Group Activity: Provide each group with one objective. Have groups design two interventions — other than offering counseling or group education — that would achieve the objective. To stimulate creative thinking, provide participants with examples of non-traditional interventions (environment-based interventions) at the beginning of the activity. (See page 70 of this publication for a description on environment-based interventions.)

Small Group Activity: Provide each group with an environment-based intervention and ask them to: 1) identify the skills necessary to carry out the intervention, 2) determine which of these skills they possess, and 3) list ways in which they can further develop their skills. Have representatives of the small groups report results back to the larger group. Record the findings on a flip chart.

Attitude: Intervention planners should feel comfortable asking for funding for their programs.

Possible Group Activities:

Small Group Activity: Design a small role playing situation that involves a nutritionist and a funder. Have participants act out one situation where a nutritionist approaches a funder seeking financial assistance for an intervention. Each small group is given an intervention for which they are to raise money. Assign trainers to the small groups to help the trainees act out their request.

Small Group Activity: Divide the group into teams that will play the roles of “funders” and “nutritionists.” Have the “nutritionists” solicit financial commitments from the “funders.” Allow 35 minutes for the funders to prepare their questions and criteria for funding and for the nutritionists to prepare their nutrition plans. After the role playing activity, lead the larger group in a discussion about lessons learned.